

LUNCH

ADAIR KITCHEN

Adair
KITCHEN
EST. 2012

WEST UNIVERSITY | 5176 BUFFALO SPEEDWAY HOUSTON, TEXAS | (713) 554-0017
GALLERIA | 5161 SAN FELIPE SUITE 390, HOUSTON, TEXAS | (713) 623-6100

ORDER ONLINE! WWW.ADAIRKITCHEN.COM

BEGINNINGS

CHIPS AND GUACAMOLE 7

AVOCADO TOAST 9
sourdough toast topped with mashed avocados, cherry tomatoes, lime, chopped basil, and feta cheese crumbles. served with mixed fruit

CHICKEN + WAFFLES* 15
house buttermilk battered waffles, crispy chicken tenders served with side of maple syrup

SOUPS

LEMON ARTICHOKE 6 | 8

CHICKEN TORTILLA* 6 | 8

SOUP OF THE DAY 6 | 8

GRAIN BOWLS

SUPER FOOD 12

Brown rice, kale, avocado, toasted almonds, roasted tomato, pickled red onion, cucumber, tossed in a sweet ginger miso dressing
ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

TUNA POKE BOWL* 15

Ahi tuna, black rice, cashews, avocado, togarashi, sweet chili tamari vinaigrette, sesame oil, pea shoots, and watermelon radish

ROASTED VEGGIE BOWL 12

Forbidden red rice, carrot, zucchini, squash, sweet potatoes, red onion, sprouts, sauteed kale, cashew tamari vinaigrette
ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

NOT JENNIFER ANISTON'S SALAD.....13

Quinoa, pistachio, chickpea, parsley, mint, cucumber, EVOO, onions, feta
ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

SALADS

CHICKEN HARVEST* 14

Grilled chicken, butter lettuce, goat cheese, avocado, strawberries, candied walnuts & our housemade sweet green dressing

KALE + QUINOA* 12

Kale, quinoa, feta crumbles, cranberries & toasted almonds tossed in olive oil and lemon

ADD A PROTEIN! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

SHAVED BRUSSEL & KALE CAESAR 12

Creamy caesar dressing, shaved brussels, kale, crispy chickpeas, bacon, shredded parmesan

ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

BLACKENED SHRIMP & GOAT CHEESE* 15

Grilled shrimp, spinach leaves, roasted bell pepper, goat cheese, pumpkin seeds and balsamic vinaigrette

MACHO SALAD 13

Mixed greens, avocado, date, goat cheese, toasted almonds, shucked corn, tomatoes, house sweet green dressing

ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

SOUTHWEST CHICKEN* 14

Grilled chicken, romaine, black beans, shucked corn, avocado, roasted tomato, crispy tortilla strips, and chipotle dressing

HONEY GREEN BOWL 13

broccoli, brussels sprouts, black eyed peas, grapes, toasted almonds, honey lemon vinaigrette

ADD A PROTEIN*! CHK OR BLACK BEAN PATTY \$5 STEAK, SALMON OR SHRIMP \$6

BUILD YOUR OWN SALAD
GRAB A CLIPBOARD!



DRINKS!
COFFEE!

GOLD
PRESSED
JUICE



BURGERS

ALL BURGERS COME A LA CARTE. ADD CHEESE OR BACON- 1.00

KITCHEN BURGERS*

SIRLOIN 11 - BUFFALO 15 - TURKEY 11 - BLACK BEAN QUINOA 11

Sirloin and buffalo burgers come on our sourdough bun with lettuce, tomato, mayo and mustard. Turkey burgers + black bean come on whole wheat bun with pesto mayonnaise, lettuce & tomato

GOAT CHEESE TURKEY BURGER* 12

Turkey burger stuffed with warm goat cheese on whole wheat bun.

ADD FRIES! french fries. sweet potato fries..... 4

SANDWICHES

ALL SANDWICHES COME WITH HOUSEMADE POTATO CHIPS OR FRUIT. ADD FRIES OR SWEET POTATO FRIES - 1.00

CRISPY CHICKEN SANDWICH* 13

brioche bun, buttermilk chicken, kale salad, blue cheese, buffalo sauce, pickles, served with house made chips

HONEY MUSTARD AVOCADO CHICKEN SANDWICH 13

Grilled chicken breast with avocado and honey mustard served with house made chips

TURKEY CLUB SANDWICH* 12

turkey, bacon, avocado, swiss cheese, lettuce, tomato, served with house made chips

AVOCADO BLT* 13

bacon, lettuce, tomato, garlic aioli & avocado, house made chips

CHICKEN SALAD SANDWICH* 12

shredded chicken salad, bibb lettuce, tomato, wheat or sourdough served with house made chips

DELI SANDWICHES* 11

turkey + garlic aioli with cheddar or ham + swiss, lettuce, tomato, mustard

PLATES

FRESH FISH TACOS* 15

2 grilled red fish tacos served openface with cilantro, avocado, slaw, cilantro and a side of tangy honey mustard + side of black beans

GRILLED SALMON PLATE* 17

Topped with fresh dill yogurt and served with a side of quinoa salad or garlic & herbs brown rice

BASIL PESTO PASTA..... 12

Whole grain bowtie pasta, sun dried tomato, mushrooms, toasted pine nuts, parmesan and creamy basil pesto sauce
ADD A PROTEIN*! CHK \$5 STEAK, SALMON OR SHRIMP \$6

AHI TUNA WRAP* 16

Spinach tortilla, avocado, tomatoes, bibb lettuce, cucumber with wasabi aioli, served with quinoa salad

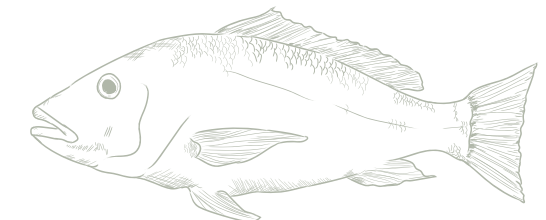
PESTO PITA* 13

Grilled chicken pita served openface with grilled onions, tomatoes, romaine, housemade pesto ranch

COMES WITH CHOICE OF HOUSE CHIPS. OR FRUIT. ADD FRIES OR SWEET POTATO FRIES 1.00

BIRDIE PLATE 13

CHOOSE ANY TWO*: 1/2 sandwich, cup of any soup, scoop of chicken salad, quinoa salad, or cup of fruit



Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

COCKTAILS

THE RANCHER 12

casa migos reposado. lime juice.
agave. sea salt. tajin rim

AK SOUR 10

buffalo trace. lemon juice. turbinado.
lemon peel. or serve it up martini style
(contains egg whites!)

EDEN 10

titos. st. germaine. lemon juice. pineapple
juice. simple syrup. mint

BLUEBERRY SMASH 10

empres 6. muddled blueberries. house-made
lemonade. smoked rosemary. lemon. mint

BERRY SPRITZ 12

delola berry berry. prosecco. raspberries
blackberries

OLD SMOKEY 14

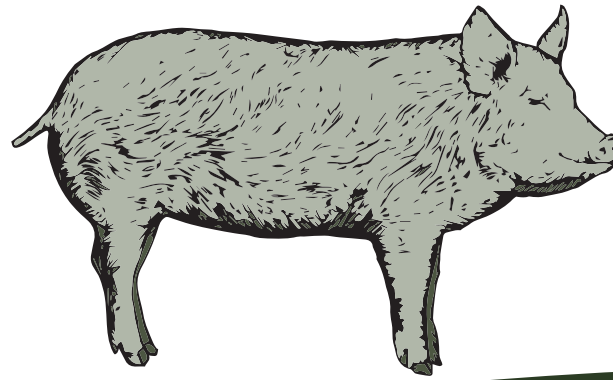
bulleit. turbinado. angostura. orange
bitters. cherry

POM-POM 10

plantation pineapple rum. pom pom
juice. lime juice. lime simple

HOUSE MARGARITA 8

tequila blanco. fresh lime. curacao. tajin



ADAIR KITCHEN

Coffee



Iced Tea
Hot Tea
Agave Mint Lemonade
Right Side Coffee
Espresso
Cappuccino
Americano
Cold Brew
Latte

Topo Chico
Coca Cola
7 up
Diet Coke
Dr. Pepper
Diet Dr. Pepper



FROZEN GIN + TONIC-\$8
ICE COLD LIMEY GOODNESS!

BEER

CRAFT | 7

Southern Star Bombshell Blond
Lone Point Yellow Rose Smash IPA
St. Arnold Seasonal Brew
Karbach Hopadillo
Yuengling Lager
Eureka Heights Buckle Bunny
11 Below Oso Bueno
Four Corners

DOMESTIC | 5

Miller Lite
Miller High life
Bud Light
Shiner Bock
Michelob Ultra

IMPORT | 6

Dos Equis
Modelo
Heineken 0

Thanks for coming

we proudly source locally

Honey Hives. Houston Dairymaids. Hill Country Dairies.
Kraftsmen Bakery. Euro-Mid Imports. Brothers Produce.
Southwest Seafood. Rightside Coffee.
Adair Juice.

COLD PRESSED JUICE BAR

KALELUJAH

kale.spinach.celery.apple.pear.lemon.ginger

JUST BEET IT

beet.carrot.apple.kale.parsley

GINGER SPICE

spinach.carrot.green apple. celery.ginger.lemon

THINK PINK

beet. pineapple. strawberry. grapefruit. ginger. lime

